

001517 - entree- roast chicken quarter : nslp

HACCP Process: #2 Same Day Service
 Number of Portions: 50
 Size of Portion: servings

Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt: 2 oz Grains: Fruit: Vegetable: Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903683 chicken quarter no backs gfs 726790.... 902998 season zesty no salt 647220..... 902969 oil canola olive oil blend greco 37017....	50 piece 50 (1/4 tsp) 1 cup + 1/2 Tbsp	CCP : Hold at 135° F or higher. MAKE SURE THE CHICKEN IS DEFROSTED. GENTLY RINSE THE CHICKEN WITH COLD WATER- SPRAY A FULL SHEET PAN, LAY THE CHICKEN IN A SINGLE LAYER. SPRINKLE ON THE OLIVE OIL AND TOP WITH SEASONINGS. COOK AT 350 FOR 45 MINUTES. CHECK TO SEE IF INTERNAL TEMP IS 165° IF NOT CONTINUE TO COOK FOR ANOTHER 10-15 MINUTES. ONCE TO TEMP- USING A WELL SPRAYED FULL HOTEL PAN, LAYER THE CHICKEN- DO NOT PILE HIGHER THAN THE TOP OF THE PAN. COVER WITH FOIL AND HOLD UNTIL SERVICE.

*Nutrients are based upon 1 Portion Size (servings)

Calories	213 kcal	Cholesterol	0 mg	Sugars	*0.0* g	Calcium	0.00 mg	53.44%	Calories from Total Fat
Total Fat	12.67 g	Sodium	0 mg	Protein	0.00 g	Iron	1.08 mg	9.84%	Calories from Saturated Fat
Saturated Fat	2.33 g	Carbohydrates	24.00 g	Vitamin A	0.0 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	0.00 g	Vitamin C	3.6 mg	Ash ¹	0.00 g	45.00%	Calories from Carbohydrates
								0.00%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Product Information for 647220 SEASONING ZESTY NO SALT 19Z TRDE

Manufacturer:			
Pack	1/EACH	Net Weight	1.19
Portion Size	OZ	UPC Code 1	93901647221
Portion/Case	19	UPC Code 2	93901647221
Kosher	Yes		
Price	14.09		

Quantity Invoiced Over Last 6 Weeks

1/11/2015	1/18/2015	1/25/2015	2/1/2015	2/8/2015	2/15/2015
0	0	0	0	0	0

Other Information

Other Information	
Item Yield	CASE = SEASONING ZESTY CNTRY NO SALT 19Z TRD
Shelf Life	COOL, DRY STORAGE=730 DAYS
Thawing Instructions	NONE
Basic Preparation	ADD TO FOODS BEFORE COOKING TO ALLOW THE VEGETABLES TO REHYDRATE OR USE AFTER COOKING FOR A CRUNCHY BITE OR TEXTURE. START WITH 1/4 TEASPOON PER SERVING AND ADJUST TO TASTE.
Merchandising Idea	MSG FREE. EXCELLENT FOR BLAND DIETS IN THAT IT CONTAINS NO WHITE, CAYENNE OR BLACK PEPPER. IT IS CONSISTENT SHAKE AFTER SHAKE, SO MENU SELECTIONS ALWAYS CONTAIN THE SAME FLAVOR PROFILE AS THE LAST TIME THE MENU ITEM WAS PREPARED. BECAUSE IT IS PREMIXED, IT SAVES THE END-USER TIME, LABOR AND MONEY.**TRADE EAST SALT-FREE MSG-FREE ZESTY COUNTRY SEASONING IS A BLEND OF RED AND GREEN BELL PEPPERS, ONION, GARLIC AND PARSLEY. THERE IS NO BLACK PEPPER. THIS PRODUCT IS NOT ONLY FLAVORFUL, BUT IS VISUALLY VIBRANT AS WELL. IT OFFERS A GARDEN FRESH FLAVOR WITH STRONG BACKGROUND NOTES OF ONION AND GARLIC. **VERSATILE PRODUCT THAT CAN BE USED BY ALL FOODSERVICE SEGMENTS ON ALMOST ALL MENU PARTS.**SPRINKLE ON POTATOES, VEGETABLES, FRENCH BREAD AND GREEN SALADS. USE IN DIPS, STIR FRY DISHES, SLOPPY JOES, POTATO DISHES AND OMELETS. SPRINKLE ON CHICKEN, FISH OR PORK BEFORE GRILLING OR BAKING. ADD TO MEATBALLS, STUFFING OR CASSEROLES. ADD TO BREAD DOUGH BEFORE BAKING OR DIP DINNER ROLLS IN BUTTER AND THEN ROLL IN TRADE EAST SALT-FREE, MSG-FREE ZESTY COUNTRY SEASONING.

Nutritional Information for SEASONING ZESTY NO SALT 19Z TRDE

Product Number:	647220
Description:	AP Seasoning, Zesty, No Salt, Tone's

Nutritional Information		
Serving Size .25 tsp (.8 g)		
Amount Per Serving		
Calories 5		Calories from Fat 0
% Daily Value		
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
PolyUnSat	n/a	n/a
MonoUnSat	n/a	n/a
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Potassium	n/a	n/a
Total Carbs	1 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	n/a
Protein	0 g	0%
Vitamin A -	0%	Vitamin C - 6%
Calcium -	0%	Iron - 0%
Percent Daily Values are based on a 2,000 calorie diet		
Calories Per Gram:		
	Fat 9	Carbohydrates 4 Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	0 mg
Vitamin C	3.6 mg	Iron	0 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	0 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Final Rule			
Meat/Meat Alternate	n/a		
Grain/Bread	n/a		
Fruit	n/a		
Vegetable:			
Red/Orange	n/a		
Dark Green	n/a		
Starchy	n/a		
Beans/Peas	n/a		
Other	n/a		
Notes:			
n/a			

Zesty

Ingredients:

Dehydrated Onion, Dehydrated Garlic, Dehydrated Red & Green Bell Pepper, Parsley. COMMON ALLERGENS

PRESENT: None. Nutrition and Ingredient statement updated June 2013. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

20574

Nutritional Information for CHIX LEG QTR NO BACKS IF 48CT GFS

Product Number:	726790
Description:	Chix Leg Whl, fully cooked, skin removed

Nutritional Information		
Serving Size 3 oz (84 g)		
Amount Per Serving		
Calories 170		Calories from Fat 72
% Daily Value		
Total Fat	8 g	12%
Saturated Fat	2 g	10%
Trans Fat	0 g	
PolyUnSat	n/a	n/a
MonoUnSat	n/a	n/a
Cholesterol	80 mg	27%
Sodium	80 mg	3%
Potassium	n/a	n/a
Total Carbs	0 g	0%
Dietary Fiber	0 g	0%
Sugars	0 g	n/a
Protein	23 g	46%
Vitamin A -	0%	Vitamin C - 0%
Calcium -	0%	Iron - 6%
Percent Daily Values are based on a 2,000 calorie diet		
Calories Per Gram:		
	Fat 9	Carbohydrates 4 Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	0 mg
Vitamin C	0 mg	Iron	1.08 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

Chicken

Product Information for 726790 CHIX LEG QTR NO BACKS IF 48CT GFS

Manufacturer:			
Pack	48/CASE	Net Weight	22
Portion Size	EA	UPC Code 1	93901726797
Portion/Case	48		
Kosher	No		
Price	29.71		

Quantity Invoiced Over Last 6 Weeks

1/11/2015	1/18/2015	1/25/2015	2/1/2015	2/8/2015	2/15/2015
0	0	0	0	0	0

Other Information

Other Information	
Item Yield	CASE= 48-7.3Z IF GFS WHOLE CHICKEN LEGS DRUM & THIGH, NO BACKS
Shelf Life	FROZEN= 1 YR FROM DATE OF PACK.
Thawing Instructions	PREPARE FROM FROZEN,DEGLAZE IN 70* WATER 3-4 MIN.
Basic Preparation	CONVENTIONAL OVEN @ 375* FOR 60-70 MIN, CONVECTION OVEN @ 350*FOR 30 MIN OR PRESSURE FRYER @ 330* FOR 15-17 MIN.
Merchandising Idea	REPLACES 262617. GFS NATURAL, FRESH FLAVOR, CONSISTENT SIZING. DRUMS & THIGHS, NO BACKS. TOP W/HOT SAUCE FOR BUFFALO STYLE LEGS. READY TO COOK, CLEANED & TRIMMED PRODUCT. GREAT FOR BAKED,CHAR-BROILED OR BBQ CHICKEN.

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	0 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Final Rule			
Meat/Meat Alternate	n/a		
Grain/Bread	n/a		
Fruit	n/a		
Vegetable:			
Red/Orange	n/a		
Dark Green	n/a		
Starchy	n/a		
Beans/Peas	n/a		
Other	n/a		
Notes:			
n/a			

Chicken

Ingredients:

Individually Frozen, Uncooked, Ice Glazed Chicken Whole Legs. COMMON ALLERGENS PRESENT: None.

Nutrition & Ingredient statement updated June 2013. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Chicken



Alpha Baking Co., Inc
 5001 West Polk Street
 Chicago, IL 60644
 773-261-6000 Fax: 773-261-6065
www.alphabaking.com

L. Wiginton
 Larry Wiginton, QA Manager
 6/27/2014

Nutritional information summary for the school dietician

100 Whole Wheat Soft Dinner Rolls 12ct

Serving Size:	1 Roll	Product # 33213 1.00 School Bread Servings (Whole Grain-Rich)
Servings per Pack:	12	
Serving Weight:	35 Grams	
	1.2 Oz	

Whole Grain:	17.1 Grams each	100% of total Flour
Enriched Flour:	0.0 Grams each	0% of total Flour
Total Flour:	17.1 Grams each	17.1 grams of total flour per serving

ALLERGEN Statement: Contains: Wheat

Nutrient*	Per Serving	% RDA	
Calories	84.23	4%	INGREDIENTS: Whole Wheat Flour, Water, High Fructose Corn Syrup, Wheat Gluten, Yeast, Honey, Soybean Oil, Contains 2% or less of the following: Salt, Molasses, Dough Conditioners (Sodium Stearoyl Lactylate, DATEM, Azodicarbonamide), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate and Potassium Sorbate (Preservatives), Wheat Starch.
Calories from Fat	11.72		
Protein (gm)	3.80		
Carbohydrates (gm)	15.38	5%	
Dietary Fiber (gm)	1.78	7%	
Total Sugars (gm)	3.41		
Total Fat (gm)	1.32	2%	
Saturated Fat (gm)	0.24	1%	
Poly Fats (gm)	0.67		
Mono Fats (gm)	0.67		
Trans Fats (gm)	0.00		
Cholesterol (mg)	0.00	0%	
Sodium (mg)	161.49	7%	
Calcium (mg)	30.79	3%	
Iron (mg)	0.72	4%	
Phosphorus (mg)	68.58	7%	
Potassium (mg)	77.43	2%	
Magnesium (mg)	23.36	6%	
Zinc (mg)	0.44	3%	
Thiamine (mg)	0.12	8%	
Riboflavin (mg)	0.05	3%	
Niacin (mg)	0.97	5%	
Folate (mcg)	7.07	2%	
Vitamin A (IU)	0.00	0%	
Vitamin B6 (mg)	0.07	3%	
Vitamin C (mg)	0.00	0%	
Vitamin D (IU)	0.00	0%	
Vitamin E (mg)	0.27	1%	

* Nutritional analysis is computed from databases.
 "Per Serving" information is unrounded and based on product weight.

Definitions:

"1.0 School Bread Serving" = "1oz of bread, at least 16g flour per oz"

"Whole Grain-Rich" means at least 8 grams of the flour is WHOLE GRAIN (per serving), and the remainder of the flour, if any, is Enriched.